

SK Branch Newsletter

Canadian Institute of Public Health Inspectors



A picture of the typical, yet beautiful Prairie winter outside Carnduff after a frosty day in late February. Submitted By Paula Sampson

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A Note From The Editor

By Jacqueline Treen

What a year 2007 has been already! We started out with our spectacular involvement during Environmental Health Week, where the entire province of Saskatchewan was bombarded with spectacular PHI work. Like a lot of other disciplines, it's all about promotion of the profession. But through the overwhelming positive response from the public, it's no wonder you can see the GREAT enthusiasm we PHI's have in Saskatchewan.

Now that the winter has let up and the above picture is a thing of the past, dealing with Outbreaks is now our focus! C. difficile, Norovirus and Influenza A, just to name a few, are present in every community or just one visitor away. And as we all have heard before with that in mind, just consider the next Pandemic. Are we as Public Health Inspectors ready and do we have a plan with our team?

All of us at the SK Branch executive hope you enjoy the new format of our Newsletter. So, O.K. everyone, it's time for "Name That Newsletter"! With the new format we created, we are looking for a new name to go with it. Please submit your ideas to the editor and the SK Branch Executive will pick the new name for the next issue. The lucky winner will receive official SK Branch merchandise. So be creative and get your entry in now.

Happy reading and I hope to hear from all of you. I can be contacted at 778-5427 or e-mail at Jackie.treen@cypressrha.ca. Thanks

All merchandise is available at new low prices!



Pins
Members \$2.50
Non-members \$3



Ball Caps
Members \$10
Non Members \$12

Long sleeved shirts, CIPHI Stickers and Chlorine and Iodine Test Strips are also available (just to name a few). For all SK Branch merchandise, send a cheque payable to CIPHI SK Branch to Mike McCann, RQHR 2nd Floor, 2110 Hamilton Street, Regina, Sask, S4P 2E3

Websites Of Interest

Time to Move from Paper to Practice

Marlene Smadu, Colin J. McMillan

From Promise to Practice: Getting Healthy Work Environments in Health Workplaces

Linda Silas

Disease Surveillance On-Line

Material Safety Data Sheets

http://www.phac-aspc.gc.ca/php-ppsp/core_competencies_for_ph_index_e.html

If you have websites you would like to share, please forward them to the editor.

BOC UPDATE

April 18, 2006

Five candidates sat the oral examination in Regina. Each of these candidates also submitted two written reports.

The first oral examination panel consisted of Dr. Maurice Hennink, Mr. Ian Harrison, and Mr. John Prince. The second panel consisted of Mr. Howard Masters, Mr. Rob Schuba and Ms. Morag Lyon.

One candidate resubmitted one report.

Mr. Howard Masters, Mr. Rob Schuba, Mr. John Prince, Mr. Ian Harrison, Ms. Morag Lyon and Mr. Terry Gibson marked reports.

The newly certified PHIs are:

- Paula Sampson
- Amy-Jill Parenteau
- Bernard Hessee
- Andrew Carolus
- Ewelina Dziak

October 17, 2006 – Regina, Sask.

Three candidates sat the oral examination and each submitted two reports:

Two candidates, from the past, each resubmitted one report.

One candidate was required to redo the oral examination.

The oral examination panel consisted of Mr. Rob Schuba, Mr. Ian Harrison and Mr. John Prince.

Mr. Rob Schuba, Mr. Howard Masters, Mr. Ian Harrison, and Mr. John Prince marked the reports.

The newly certified PHIs are:

- Ryan Decker
- Max Bowen
- Brent Latimer
- Sarah Dreger



Your Sk Branch Executive Left to Right – Travis Philipation, Mike McCann, Ryan Philipation, Doug Terry, Ken Cross, Ron Belak, Jon Gaudry. Missing Jacqueline Treen.

A Message From The President

Welcome at last to Spring! This past winter seemed to last forever but it is finally warming up. I wish everyone a successful and prosperous 2007. Every year at this time I reflect back at the years accomplishments and marvel how we keep improving on a good thing. Take for example our new look to the SK Branch Newsletter.

Your Newsletter Editor and Executive have worked many hours to develop this new look and hope you are as excited as we are launching the first issue. All comments/accolades are welcome as well as any suggestions to improve what you see, please send comments to Jackie. Look to see changes to the SK Branch Web Page coming soon.

The past calendar year has been a very busy, productive and rewarding year for the SK Branch; I thank all Members for their continued support to the Branch, CIPHI, your Executive and myself as your President. The following is the year's achievements:

I continue to work with an excellent dedicated team of Councilors who have stepped into their new roles as Chairs for various developed committees. Each brings their own talents to the table and work is progressing on molding the SK Branch to meet the changing needs of Members. Also we are lucky to have a dedicated Newsletter Editor (Jacqualine Treen) and Web Master (Roger Piatt) to keep Members informed. I thank all for your dedication, as all work is volunteer. Our current Membership is 77 Members with 1 Affiliate Member and growing. I will be inviting the Saskatchewan Health Authorities to become Corporate or Affiliate Members this coming year. I ask the Managers/Sr. PHI's to please

forward me the names and address/email of the HR person the letter of invite should go to. Support and collaborative work between employers and the SK Branch is always needed and appreciated to keep the operations and educational delivery from the Branch to the Members. The SK Branch cannot function to the best of its ability without the support from our employers.

SK Branch held its Annual General Meeting November 29th in Saskatoon with 30 Members in attendance. SK Branch recognized CIPHI Award winners, Doug Terry (Life Membership Award) and Dwayne Djkwich (Alex Cross Award) with our own SK Branch certificates. Many thanks to Councilor Mike McCann for preparing and presenting the awards on behalf of SK Branch. Congratulations again Doug and Dwayne.



Elections were held and congratulations to Secretary/Treasurer – Ron Belak, Councilor – Ryan Philipation, Councilor –

Travis Philipation and Newsletter Editor – Jacqueline Treen for retaining your position on the SK Branch Executive Team.

I welcome Doug Terry back to the SK Branch Executive as Past President. I would like to thank Rich Bader for his dedicated work during his reign as Branch President. Other commitments have lead to his stepping down from the Past President position. I look forward to working with Doug and calling upon his experience when needed.

We were fortunate the have such a dedicated AEC Committee to successfully host the 2006 Annual Education Conference with 275 in attendance. Work is continuing to wrap up the budget and then formulate a report to National. I am on the 2007 AEC Working Committee made up of 2005, 2006 and 2007 Host Branch's to aid in the 2007 AEC. From year to year we all learn new lessons and then share with the next host Branch to ensure the Annual Education Conference continue to meet the needs of all in attendance. I drafted a "tick sheet" and BC Branch President and fellow AEC Committee Member Jasmina Egeler formatted the work into a succession timeline document. This new sheet has been added to the CIPHI Conference Binder.

I am also a Vice President of the National Executive Council (NEC) of CIPHI. I attended the required meetings and represent our Branch to the best of my ability. Your voice is heard at the National Level so any concerns can be forwarded to me and I will then take to the NEC Table. I was awarded the great honor to be named the NEC's Corresponding Member to the BOC and EHFC each carrying a 3 year time commitment. The added work is well worth it because I gain in education sitting at the table with representatives from across Canada. All Committee Members are an excellent source of

information to help make not only CIPHI better but the SK Branch as well.

The BOC exams have taken place with the 2007 upcoming exams around the corner. Welcome to the new Members of CIPHI and good luck to the students soon to sit the BOC Exam Process. I thank the Exam Coordinator Yvonne Graff and her team for preparing for the Exams and would like to also thank the Examiners for their time commitment.

The 2007 Environmental Public Health Week was a huge success and SK Branch celebrated to the fullest. I thank all Members who promoted our profession throughout the province. Posters, information letters, displays and all media avenues were used to celebrate and inform the Public about Public Health Inspectors (see page 8 for photos). Well done all. Thank you Mike McCann who filled in for me on CKTV's News at Noon. Mike was interviewed live by Angel Sombrutzki and did an excellent job. Honorable Len Taylor, Saskatchewan Health Minister proclaimed the week as did many Mayors throughout the province. Public Health Inspectors are being recognized by Political Leaders for our intricate profession and duties in protecting public health. Next years celebrations are already being worked on so 2008 will be bigger and better.

I have been in contact with Leanne Stricker the Director of FNUC and she is excited about SK Branch and FNUC forming a stronger bond. Ideas and projects are being worked on to give the new upcoming PHI's and future SK Branch Members insight into CIPHI and the Branch's operations. Councilor Mike McCann and FNUC Correspondents have attended meetings and met with the students to give them information about SK Branch. There will be more to follow in other communications as this collaboration develops.



The SK Branch is preparing for the 2007 Continuing Education Sessions (In-Service) with ideas always welcome to what the educational needs are for Members. Ryan Philipation is the Educational Chair and all ideas can be forwarded to him, any Executive Member or me. Look forward to more information as this develops. The SK Branch will continue to provide these learning opportunities to its Members and will invite non-members to participate as well.

I enjoy working for you as your SK Branch President both on the Provincial and National Levels and look forward to another prosperous year.

Respectfully,
Ken Cross
President, SK Branch, CIPHI
www.ciphi-sk.ca

Upcoming Events

CIPHI AEC 2007
Kelowna, BC
June 17-20, 2007

**Options For The Control Of
Influenza**
Toronto, Ontario
June 17 –23, 2007

Articles Of Interest

**Community-associated MRSA:
Superbug At Our Doorstep**
CMAJ – January 2, 2007
Issue 176(1)

Market Supplement Committee Report

By Travis Philipation

On behalf of the Market Supplement Committee (MSC) I would like to submit this report. The MSC consists of: Roger Piatt, Rob Schuba, Paul Silvester, Ken Cross, and I. We have been working to establish an increase in salaries for Public Health Inspectors employed provincially in Saskatchewan. The MSC has been busy reviewing and compiling data to support the HSAS argument that the PHI Market Supplement needs to be updated.

The letters of understanding in our collective agreement require those groups that are receiving market supplements to have their supplemented rates reviewed annually. SAHO must determine whether or not a further supplement is warranted. If further supplement is deemed as warranted, then HSAS and SAHO must meet to negotiate a new wage. In December of 2005 SAHO determined that our current market supplement should be maintained with out an increase. We as a group felt that this was inappropriate as the vacancy rates had climbed to a 4-year high and the existing market supplement had almost been eroded away with negotiated economic increases. We asked the adjudicator who decided that SAHO needed to enter into negotiations with HSAS to determine a new rate review the decision. SAHO and HSAS were unsuccessful in negotiating a new market supplemented rate. Representatives for both sides were brought before the adjudicator again on November 24, 2006 to present their arguments.

The adjudicator handed down her decision on December 14, 2006. She decided in favor of SAHO's proposal of 6.59%. Although this is not the level of increase we were seeking, it still represents an increase of over \$2.00 per hour for the top of the field staff PHI pay scale in Saskatchewan.

It is to our benefit as PHI's to continue to review the market supplement and to ensure that our voices are heard at the negotiating table.

Meet Some Of The PHI'S Of The Regina / Qu'Appelle Health Region

By Mike McCann

Robert Schuba - Public Health Inspector Supervisor

Robert graduated from BCIT in 1993 and took his first posting in Athabasca, AB. In 1995, he moved back to Saskatchewan and took a PHI position in Fort Qu'Appelle, in 1998 he transferred into the City of Regina. In 2002 he started teaching at FNUC as a sessional instructor. In the summer of 2003 he completed a degree in Environmental Health through UCB and later that year, he replaced Bob Stone as the PHI Supervisor.

He and his wife Lisa, spend most of their free time with their 3 children; Jared (9), Jordan (7) and Sarah (5). Robert currently coaches both boys' hockey teams and enjoys playing the occasional rec hockey game with his long time men's team. In the summer, you can catch the Schuba's camping all over Saskatchewan but their favorite vacation is their annual trip to the Shushwap in July of each year. Currently Robert doesn't have any hobbies because if he has any free time his wife finds a home maintenance project for him to complete.

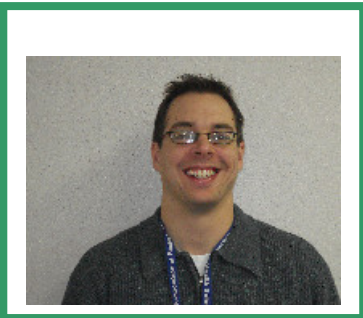
Carmen Buschow

Carmen graduated from FNUC with a BSc in 2005. After graduation she started working with the RQHR in the Indian Head office. Prior to becoming a PHI, Carmen worked in the funeral industry for 7 years. Carmen has 3 girls, ages 21, 15 and 2.

Rob Stadnyk

Mr. Stadnyk graduated from BCIT in 1996. He was first employed by the Regina Health District first occupying the Grenfell office from 1997 to 2002. He then packed up all his belongings into the back of his car and moved to Regina where he has worked since 2002.

Rob and his wife, Fulvia, have two children, Steven and Luca. Rob's interests include playing ball, lifting weights and finishing dead last in hockey pools.

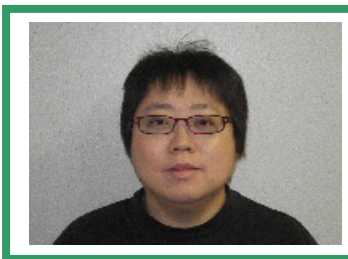




Mike McCann

Mike started his environmental health career as a student PHI in Kamloops, BC. He then moved on to work as a Vector Control Officer, Food Safe Instructor and PHI with the Richmond Health Department in Richmond, BC. Mike then moved back to his home in Regina in 2000 where he accepted a PHI position with the RQHR. Mike is in his second term as a councilor with CIPHI Sask Branch, a position that he truly enjoys.

Mike and his wife Chanda recently moved into their new home in Regina and as a result, Mike has learned to love landscaping and home decorating. He enjoys playing hockey, badminton and slo-pitch.



Susan Brotzel

Susan graduated from BCIT. She completed her field training June 1 to August 31, 1992 in Regina Rural area, and June 1 to August 31, 1993. She started her PHI career October 7, 1993 with the Regina Qu'Appelle Health Region, where she is currently employed. Susan and her husband, Doug, have a daughter name Joy and they live in Regina.

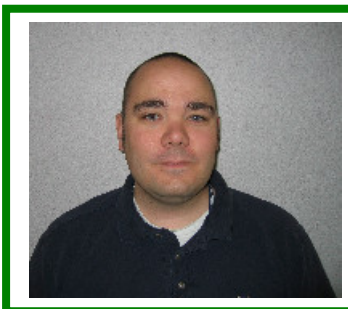
Susan's hobbies and interests include reading books, and playing interactive games. Susan is quite the movie buff. She likes Fantasy, Comedy, Action and Adventure, and cartoon movies. She also likes to be spoiled. She enjoys good food, being pampered with massages, manicures and pedicures. Susan honestly admits that she hates cooking.



Kathleen Rispler

Kathleen is a graduate of both the University of Alberta and Concordia University in Edmonton. She has been a public health inspector in Saskatchewan since April of 2002.

Kathleen has Mike in her life; he is a 6-year-old blonde lab and spaniel dog. Kathleen enjoys distance running, hand weaving, designing and piercing non-traditional pattern quilts. She also plays traditional Irish music on flute and whistle. Kathleen likes to drive her 1975 Triumph Spitfire and her 1977 Austin Mini. She enjoys any movie by Monty Python and reading books from Jane Austen to Stephen King but does not watch TV. She is currently re-learning how to play piano.



Max Bowen

Max is a graduate of the First Nations University of Canada in 2005. After graduation he did his practicum with the Saskatoon Health Region, where he remained until the end of September of 2006. In October of 2006, he took a position with the Regina Qu'Appelle Health Region where he finally became a PHI. Max is married and has a son who is just over a year old named Peyton. Max interests are his family, football (NFL and NCAA) and baseball. He admits that he really does not have time for hobbies.

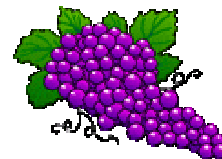
Environmental Public Health Week

Photo Gallery



Eating Well with Canada's Food Guide

PHI GRAPEVINE



The latest version of Canada's Food Guide has been released by Health Canada. The food guide is now a 6-page document that is intended to guide a healthy food intake for all Canadians over the age of two.

The document is available online at http://www.sc.gc.ca/index_e.html. The online version is easy to use and access, and is interactive. Canadians are encouraged to use the online version and print individual copies from the website as needed. Your local public health office will receive limited hard copies within the next few weeks.

Canada's Food Guide has been a credible source of nutrition-related information for Canadians for many years. The first food guide "Canada's Official Food Rules" was released in 1942 and has been revised and updated as our knowledge of nutrition has evolved. The latest revision of the food guide began in March 2004. A comprehensive review of the food guide indicated that while still relevant and scientifically sound, there were areas for improvement. The revision process has been comprehensive, transparent and evidence based. It has involved consultation with health professionals, academics, non-government organizations, government, industry and consumers. The guiding principles of the review were to ensure that the revised food guide would:

- Promote health through healthy eating patterns.
- Provide the public with evidence-based guidelines.
- Be linked to public health priorities and initiatives.
- Convey easy to understand messages.

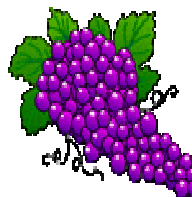
Travis Philipation and Dana Thome got engaged in October and were married on New Year's in Vegas! All the best!

Kayla Royann, newborn daughter of Roger & Sherry Fielding was born on August 21, 2006 weighing in at 2lbs 8oz. Congratulations and it's great to hear that the little angel is doing well.

It's a Boy!!!! Born at 3:30 a.m. on Oct. 10, 7 lbs 6 oz, Tyler James Micklejohn are making Nicole and Trevor very proud!

Congratulations to Bryce Graham who on April 1st celebrates his 30th year working in the Health field.

Welcome to Annerley Boyo who is completing her practicum in Cypress and will sit her BOC in October.



By Public Health Nutritionists of Saskatchewan Working Group

The SK. Branch Newsletter encourages the submissions of articles, pictures, or other items from the membership to share with the profession. The editor reserves the right to refuse any submission in part or in whole if it does not meet the goals and thoughts of the CIPHI or the CIPHI SK. Branch. Note that all articles, views and comments in this Newsletter are those of the author and are not necessarily those or reflect the editor, the Institute, the SK. Branch Executive or it's Members.

The Newsletter is only produced in electronic format and distributed directly to the CIPHI SK. Branch membership quarterly or with change by the editor.

CIPHI SK Branch Executive

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